

Overview of 5/6 FLASH

Lesson Plans	Summary of Objectives (Student will be able to...)
1. Introduction	<ul style="list-style-type: none"> Distinguish between “sex” and “sexuality” List and defend ground rules
2. Family	<ul style="list-style-type: none"> Describe kinds and purposes of families Recognize that all family members have needs
3. Self-esteem	<ul style="list-style-type: none"> Explain three components of self-esteem Make affirming statements to self and classmate
4. Sex Roles	<ul style="list-style-type: none"> List similarities and differences between genders Recognize that beliefs about roles are learned and can influence decisions
5. Friendship	<ul style="list-style-type: none"> Identify characteristics of good friend and assess self List ways to initiate conversation List ways to maintain friendship
6. Decision-making	<ul style="list-style-type: none"> Distinguish passive from active decisions List steps in active decision-making
7. Sexual Exploitation	<ul style="list-style-type: none"> Distinguish good, bad, and confusing touch Define sexual exploitation and distinguish facts/myths Describe ways to get out of exploitive situations
8. Sexual Exploitation	<ul style="list-style-type: none"> List people to whom child could report Give reasons to report Describe how to help a friend
9. Puberty	<ul style="list-style-type: none"> Describe physical, emotional, social changes Distinguish among definitions of basic terms Explain purposes of bras, athletic supporters, menstrual hygiene products
10. Puberty	<ul style="list-style-type: none"> Distinguish facts/myths Anticipate puberty with positive feelings
11. Reproductive System	<ul style="list-style-type: none"> Identify terms, locations, functions of basic anatomy
12. Reproductive System	<ul style="list-style-type: none"> Distinguish facts/myths Distinguish among definitions of physiology Explain processes of menstrual cycle and sperm production/ejaculation
13. Pregnancy	<ul style="list-style-type: none"> Distinguish among definitions of “health pregnancy” terms (chromosome, umbilical cord, etc.)
14. Pregnancy	<ul style="list-style-type: none"> Recognize definitions of pregnancy problems (miscarriage, birth defect, etc.) Explain importance of prenatal care, nutrition, abstinence from drugs, etc.
HIV/AIDS	<ul style="list-style-type: none"> Distinguish between healthy concern and unhealthy fear Define “communicable disease” and give examples List ways the virus is and is not transmitted Distinguish among asymptomatic infection, symptomatic infection and full-blown AIDS Practice decision-making and assertiveness
15. Review and Resources	<ul style="list-style-type: none"> Recall terminology List and use a phone book to find relevant community resources

Page left blank intentionally.